



-Newsletter-
Volume 6 | | March 2015

Upcoming Events and Meetings

www.kneeocd.org/rock-members/calendar/

- **Tues 3/24/15- Sat 3/28/15:** AAOS Annual meeting (Las Vegas, NV)
- **Sat 3/28/15:** AOSSM Specialty Day (Las Vegas, NV)
- **Weds 4/29/15-Sat 5/2/15:** POSNA Annual Meeting (Atlanta, GA)
- **Thurs 7/9/15-Sun 7/12/15:** AOSSM Annual Meeting (Orlando, FL)

IRB updates

PROSPECTIVE COHORT STUDY

Approved:

- U Penn
- CT Children's
- BCH (Pending DUA)
- St. Luke's
- Cincinnati (Pending DUA)
- CHOP
- Washington
- TOA (Pending DUA)
- Wisconsin
- Rocky Mtn. (Pending DUA)

Submitted:

- Sick Kids
- Rady
- Kaiser

RCT

Approved:

- U Penn
- CT Children's
- BCH
- St. Luke's
- Cincinnati
- CHOP
- Rady
- Rocky Mtn.
- Washington
- Kaiser Permanente
- St. Thomas (TOA)
- Wisconsin
- Sick Kids

Pending:

- Singapore

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UPCOMING EVENTS AND MEETINGS

IRB UPDATES
(RCT, Prospective Cohort)

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ENROLLMENT NUMBERS

ROCK WEBSITE
UPDATES

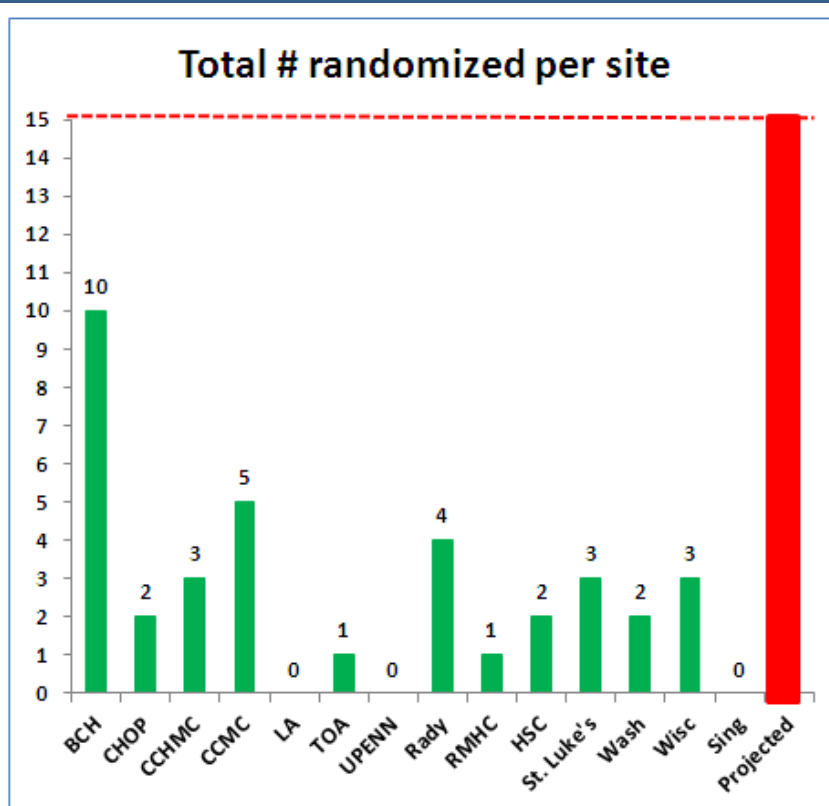
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KNEE OCD PUBLICATIONS
UPDATE



Enrollment Numbers

Institution	Prospective Cohort Study	RCT Randomized Knees	RCT Pt enrolled within last month?
BCH	39	10	✓
CHOP	0	2	--
CCHMC	1	3	--
CCMC	17	5	--
LA	0	0	--
TOA	16	1	--
UPENN	0	0	--
Rady	11	4	✓
RMHC	1	1	--
HSC	0	2	--
St. Luke's	11	3	--
Wash	2	2	--
Wisc	3	3	--
Sing	0	0	--
	101	36	



ROCK Website Updates

www.kneeocd.org

Case of the Month

PowerPoint of past cases available at <http://kneeocd.org/category/case-discussion/>

Surgeon: Dr. Jeffrey Nepple

Institution: Washington University, St. Louis, Missouri

Case Title: 1 + 5 yo M, R lateral knee pain 1.5 years (10 yo), Football injury with "normal" xray

Traffic Updates

- 934 sessions (Jan. = 780 sessions)
- 2 page views per session (Jan. = 1.6)
- 80 % new sessions (Jan. = 71%)

OF SITES APPEARING BEFORE Kneeocd.org, BASED ON GOOGLE SEARCHES:

- 'knee ocd' = 17
- 'Osteochondritis dissecans' = 27
- 'knee osteochondritis dissecans' = 25
- 'osteochondritis dissecans of the knee' = 28



Knee OCD Publications

PDFS available at www.kneeocd.org (Members: Literature Review)

Knee

Intact Bone Vitality and Increased Accumulation of Nonmineralized Bone Matrix in Biopsy Specimens of Juvenile Osteochondritis Dissecans: A Histological Analysis

Matthias Krause, Daniel Lehmann, Michael Amling, Tim Rolvien, Karl-Heinz Frosch, Klaus Püschel, Klaus Bohndorf and Norbert M. Meenen
Am J Sports Med published online March 10, 2015
DOI: 10.1177/0363546515572579

Surgical induction, histological evaluation, and MRI identification of cartilage necrosis in the distal femur in goats to model early lesions of osteochondrosis

F. Töth, M.J. Nissi, L. Wang, J.M. Ellermann, C.S. Carlson
<http://dx.doi.org/10.1016/j.joca.2014.11.009>
Osteoarthritis and Cartilage 23 (2015) 300e307

Proximal tibial morphology and its correlation with osteochondritis dissecans of the knee

John F. Wechter, Robby Singh Sikka, Mujtaba Alwan, Bradley J. Nelson, Marc Tompkins
Knee Surg Sports Traumatol Arthrosc
DOI 10.1007/s00167-014-3289-6
Published online: 25 September 2014

Implant Failure After Biodegradable Screw Fixation in Osteochondritis Dissecans of the Knee in Skeletally Immature Patients

Carlo Camathias, M.D., Ulas Göğüs, M.D., Michael T. Hirschmann, M.D., Erich Rutz, M.D., Reinald Brunner, M.D., David Haeni, M.D., and Patrick Vavken, M.D.
Arthroscopy Association of North America, 2014
<http://dx.doi.org/10.1016/j.arthro.2014.08.032>

