



**-Newsletter-
Volume 4 | |December 2014**

Upcoming Events and Meetings

www.kneeocd.org/rock-members/calendar/

- **Thurs-Fri 1/22-1/23/15**: ROCK Research Meeting (Denver, CO)
- **Thurs-Fri 2/20-2/21/15**: PRISM 1st Annual Meeting (South Florida Cleveland Clinic Weston)
- **Tues-Sat 3/24-3/28/15**: AAOS Annual meeting (Las Vegas, NV)
- **Sat 3/28/15**: AOSSM Specialty Day (Las Vegas, NV)

IRB updates

PROSPECTIVE COHORT STUDY

Approved:

- U Penn
- CT Children's
- Washington

Submitted:

- BCH
- St. Luke's
- Cincinnati
- CHOP
- Sick Kids
- Rady
- Rocky Mtn.
- Wisconsin
- Kaiser

Status Unknown:

- TOA

RCT

Approved:

- U Penn
- CT Children's
- BCH
- St. Luke's
- Cincinnati
- CHOP
- Rady
- Rocky Mtn.
- Washington
- Kaiser Permanente
- St. Thomas (TOA)
- Wisconsin
- Sick Kids

Pending:

- Singapore

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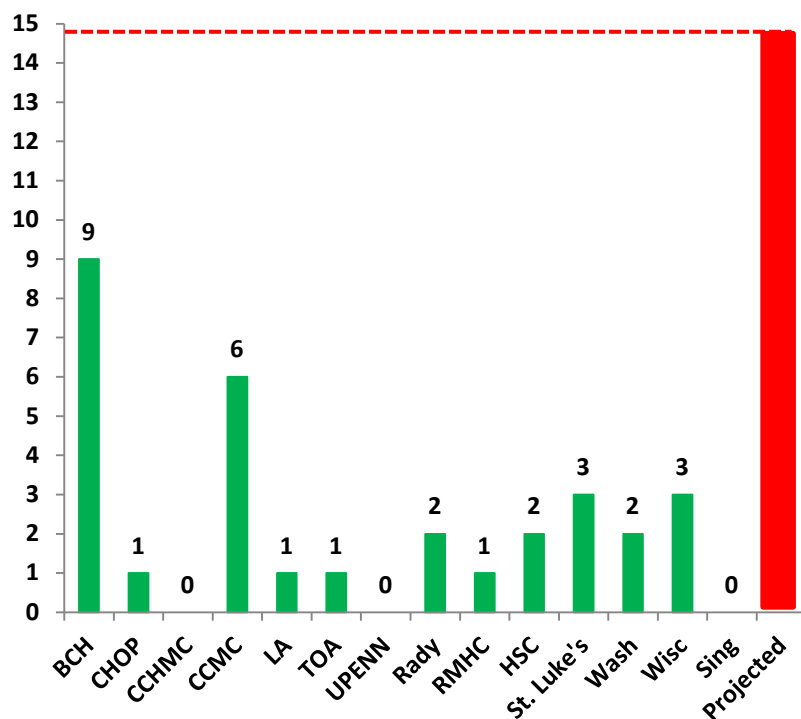
NEW KNEE OCD PUBLICATIONS



Enrollment Numbers

Institution	Prospective Cohort Study	RCT Randomized Knees	RCT Pt enrolled within last month?
BCH	39	9	--
CHOP	0	1	✓
CCHMC	1	0	--
CCMC	17	6	--
LA	0	1	--
TOA	13	1	--
UPENN	0	0	--
Rady	11	2	✓
RMHC	1	1	--
HSC	0	2	✓ (2)
St. Luke's	0	3	✓
Wash	2	2	--
Wisc	3	3	--
Sing	0	0	--
	87	31	

Total # enrolled per site



ROCK Website Updates

www.kneeocd.org

Case of the Month

PowerPoint available at

<http://kneeocd.org/category/case-discussion/>

Surgeon: Matthew Millewski, MD

Institution: Connecticut Children's Medical Center, Hartford, CT

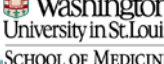
Case Summary: 13 yo female with 2 year history of left knee pain who underwent previous fixation and microfracture surgery by an outside physician for a large medial femoral condyle OCD lesion.

Traffic Updates

- 850 sessions (Oct. = 950 sessions)
- 2 page views per session (Oct. = 1.84)
- 74 % new sessions (Oct. = 75%)

OF SITES APPEARING BEFORE Kneeocd.org, BASED ON GOOGLE SEARCHES:

- 'knee ocd' = 12
- 'Osteochondritis dissecans' = 29
- 'knee osteochondritis dissecans' = 24
- 'osteochondritis dissecans of the knee' = 26



Knee OCD Publications

PDFS available at www.kneeocd.org (Members: Literature Review)

Note: Literature now arranged by OCD location: Knee/Elbow/Ankle

Knee

Prevalence of Bilateral JOCD of the Knee and Associated Risk Factors

Trenton Cooper, DO, Aaron Boyles, DO, Walter P. Samora, MD, and Kevin E. Klingele, MD
J Pediatr Orthop Volume 00, Number 00, " 2014, www.pedorthopaedics.com

Fluoroquinolone Use in a Child Associated with Development of Osteochondritis Dissecans

John Jacobs, St. Luke's Boise Medical Center; Kevin Shea, St. Luke's Boise Medical Center, University of Utah Department of Orthopedics; Julia Oxford, Boise State University; James Carey, University of Pennsylvania, Perelman School of Medicine
BMJ Case Rep. ; 2014: . doi:10.1136/bcr-2014-204544.

- 10 y.o. female
- 18 month exposure to ciprofloxacin
- 3 years later developed significant distal femoral OCD which needed drilling which resolved

Ankle

Results of Surgical Management of Osteochondritis Dissecans of the Ankle in the Pediatric and Adolescent Population

Dennis E. Kramer, MD, Michael P. Glotzbecker, MD, Benjamin J. Shore, MD, MPH, FRCSC, David Zurakowski, PhD, Yi-Meng Yen, MD, PhD, Mininder S. Kocher, MD, MPH, and Lyle J. Micheli, MD
J Pediatr Orthop Volume 00, Number 00, " 2014

Osteochondral transplantation of autologous graft for the treatment of osteochondral lesions of talus: 5- to 7-year follow-up

Dimitrios Georgiannos, Ilias Bisbinas, Athanasios Badekas
DOI 10.1007/s00167-014-3389-3

- Retrospective case series level 4
- 46 patients with 48 severe (stage 3,4 or 5) talus OCD lesions
- Age range from 19-53 years old
- Treated with locally obtained 5-8mm OATS
- 93% good results at median 5.5 year follow up
- Not much new here

