



-Newsletter-
Volume 3 || October 2014

Upcoming Events and Meetings

www.kneeocd.org/rock-members/calendar/

- **Tues 10/21:** Conference Call (9pm EST) 1 (877) 621-0220. 780-631
- **Mon 11/3:** AOSSM Annual Meeting Abstract Submission Deadline (12 PM CT)
- **Thurs-Fri 1/22-1/23** – ROCK Research Meeting (Denver, CO)
- **Tues-Sat 3/24-3/28:** AAOS Annual meeting (Las Vegas, NV)
- **Sat 3/28:** AOSSM Specialty Day (Las Vegas, NV)

IRB updates

PROSPECTIVE COHORT STUDY

Approved:

- U Penn
- CT Children's
- Washington

Submitted:

- BCH
- St. Luke's
- Cincinnati
- CHOP
- Sick Kids
- Rady
- Rocky Mtn.
- Wisconsin
- Kaiser

Status Unknown:

- TOA

RCT

Approved:

- U Penn
- CT Children's
- BCH
- St. Luke's
- Cincinnati
- CHOP
- Rady
- Rocky Mtn.
- Washington
- Kaiser Permanente
- St. Thomas (TOA)
- Wisconsin
- Sick Kids

Pending:

- Singapore

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UPCOMING EVENTS AND MEETINGS

IRB
UPDATES

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ENROLLMENT NUMBERS

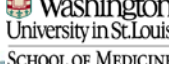
WEBSITE TRAFFIC UPDATES

ROCK SITE CONTENT
UPDATE

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ROCK IMAGE QUIZ

NEW KNEE OCD
PUBLICATIONS



Website Traffic Update

www.kneeocd.org

September 2014

- 950 sessions
(August=678 sessions)
- 1.84 page views
per session
- 75 % new sessions

OF SITES APPEARING
BEFORE Kneeocd.org,
BASED ON GOOGLE
SEARCHES:

- 'knee ocd' = 11
- 'Osteochondritis
dissecans' = 34
- 'knee
osteochondritis
dissecans' = 22
- 'osteochondritis
dissecans of the
knee' = 23

Enrollment Numbers

Institution	Prospective Cohort Study	RCT Randomized Knees	RCT Pt enrolled within last month?
Boston Children's Hospital	39	9	✓ (2)
The Children's Hospital of Philadelphia	0	0	--
Cincinnati Children's Hospital Medical Center	0	0	--
Connecticut Children's Medical Center	17	6	--
Kaiser Permanente - LA	0	0	--
TOA - Nashville	13	1	--
Upenn	0	0	--
Rady Children's Hospital - San Diego	10	1	--
Rocky Mountain Hospital for Children	1	1	--
The Hospital for Sick Children - Toronto	0	0	--
St. Lukes Intermountain Orthopaedics	0	2	--
Washington University	2	2	✓
Medical College of Wisconsin	2	2	--
Singapore	0	0	
	84	24	

ROCK site content update

Case of the Month

PowerPoint available at

<http://kneeocd.org/category/case-discussion/>

Surgeon: John Polousky, MD

Institution: Rocky Mountain Orthopedics,
Denver, CO

Case Summary: Clinical versus
Radiographical Healing in a 22 y/o Male

Healing Sequence Studies 1 & 2: Official ROCK Rater Tutorial

Now available:

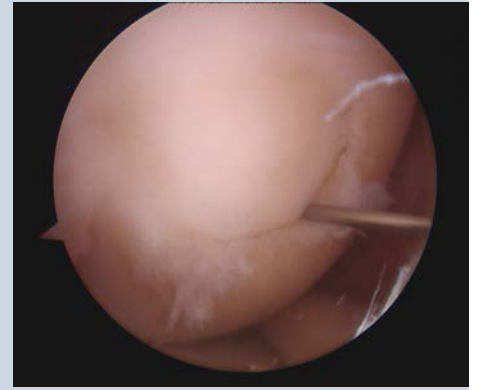
<http://kneeocd.org/rock-members/rock-studies/image-studies/>



ROCK Image Quiz

Based off of ROCK Arthroscopy classifications, this OCD lesion would be classified as:

- A. Crater
- B. Shadow
- C. Trap Door
- D. Locked Door



Knee OCD Publications

PDFS available at www.kneeocd.org (Members: Literature Review)

Trochlear Groove Osteochondritis Dissecans of the Knee Patellofemoral Joint

Wall, Eric J. MD; Heyworth, Benton E. , MD; G. Shea, Kevin , MD; Edmonds, Eric W. , MD; Wright, Rick W. , MD; Anderson, Allen F. , MD; Eismann, Emily A. , MS; Myer, Gregory D. , PhD, FACSM, CSCS

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